

SAMPLE BOOKLET

## CREATE IMAGINE EXPLORE DISCOVER

Adventurous Minds

# Co-curricular Programme



## Co-curricular Programme

**G** The school's extra-curricular provision is outstanding.'

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This Co-Curricular Programme has been designed to act as a sample guide only, highlighting the wide range of activities and oportunities available at King Edward's Senior School. Please Note: Activities listed in this programme are subject to change without prior notice and could be different to what is currently on offer at the Senior School.

## **CLUBS & SOCIETIES** AT KING EDWARD'S SCHOOL

We offer a wide range of co-curricular activities, running a wide variety of clubs to cater for the diverse interests and hobbies among our pupils. From academic societies to creative and sporting pursuits, and outward bound adventures on the Duke of Edinburgh's Award Scheme and Ten Tors Challenge, our co-curricular opportunities share a commitment to ignite a passion for discovery, knowledge and adventure, and alongside academic life help to ensure a broad and well-rounded life at King Edward's.

# CLUBS & SOCIETIES



## Aloud Gender Equality

When: Friday 12.35 - 1.20pm Where: B2B All year groups Year group:

Aloud is an open and safe place for all pupils, irrespective of gender, to discuss and explore issues of gender equality in society and everyday life. The discussion is democratic and centres on a weekly topic chosen by the society. Having recently received the inaugural OE Club's and Societies grant, the club are looking forward to developing awareness of gender equality next year.



Art Club

Monday 12.45- 1.35pm Art Room I All year groups

This is an opportunity for keen, young budding artists to work in the studio and use a wide range of materials and processes. They can work on existing projects to refine and conclude work or use the time to catch up and organise portfolios etc. Two members of staff are available to give advice and assistance. This designated time is particularly useful as course work deadlines and hand-in dates approach. At key points during the course of the year, staff will involve the Art Club to lead workshops on particular techniques.

## Au Café

When:	Thursday 12.35-1.40pm
Where:	Library
Year group:	All Years

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## Battle of the Books Club

When:	Friday 1.10 – 1.40pm
Where:	Library
Year group:	Years 8 & 9

Every year, schools from B&NES have a literary quiz on ten books, chosen by local librarians.

Battle of the Books Club will read, discuss and practice answering questions about these books. The list changes every year but includes high interest titles with the latest authors reflecting the genre gamut. The list also includes at least one classic and one non-fictional title.

## Beginner's Mandarin

When:	Wednesday 12.35-1.15
Where:	B18
Year group:	Years 7 - 10

Learn spoken and written Mandarin in a relaxed and fun environment through activities and games that will build your vocabulary, boost your confidence and promote your enjoyment of speaking and understanding another foreign language. There is also a focus on Chinese culture and traditions.

OUTWARD BOUND

## Calligraphy Club When: Thursday 12.35 - 1.15pm

Where: O33 Year group: All year groups

## Classical Mythology Club

When: Friday 1.00 – 1.30pm (Week A) Where: N32 Year group: Years 7 & 8

When: Thursday 12.40 - 1.20pm Where: M5 All year groups Year group:

Chess Club

Whether you're an expert, a novice or you've never played chess before, this doesn't matter - chess has stood the test of time for a good reason. It is a great way to relax and concentrate the mind on something different in a sociable setting. Play with your friends, get to know others, and beat Mr Davies if you can! With enough interest, competitions can be organised too. All are welcome; come along, relax and enjoy!

Thursday 12.35 - 1.20pm When: Where: NI4

Year group: All year groups

Christian Union

We as the Christian Union hope to provide a time and space to share life together. We always give time to studying God's word and praying for anything that is needed. We base our fellowship on and around the life of Jesus Christ.

When:	Thursday 12.35 – 1.30pm (Second half of Autumn Term)
Where:	B2B
Year group:	All year groups

## Code Academy

When:	Thursday 12.40 – 1.30pm
Where:	B18
Year group:	All year groups

Code Academy is an informal environment where pupils can learn to program in a new language or brush up on their current programming language skills. Pupils use various websites and competition activities to put their skills into action. In the Autumn Term, interested pupils can also take part in the National Cipher Challenge - code-breaking with code!

## **Creative Writing Society**

BI7

Year group: All year groups

Monday 12.40 - 1.20pm

This flourishing group offers a space for aspiring poets, novelists, script-writers and short story writers to share ideas, learn about competitions, get involved in collaborative projects, join in with fun writing games, share work, work on collaborative projects, plan, plot, scribble ... or just to come along and chat about the fun and frustrations of writing and eat biscuits!

## Culture Vultures

this informal discussion group.

When:

Where:

When:	Friday 1.10 – 1.30pm
Where:	Q26
Year group:	Years 9 – 13

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**CLUBS & SOCIETIES** 

## Dance Club

## Club



When:Thursday 12.45 – 1.15pmWhere:Top Floor - The Wessex BuildingYear group:Years 7 & 8

Build and develop your dance and choreography skills whilst working towards a performance piece to showcase in the Lower Sector Assembly.

Whilst initial focus will be on Musical Theatre & Contemporary Style, pupils will also have input into the style of dancing and the direction that the club will take.

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## Dark Earth Book Club

When:Wednesday 1.00 - 1.40pmWhere:LibraryYear group:Years 9, 10 & 11

The books are chosen by the group to reflect saving the Earth and redressing the balance. There is a strong focus on the environment and humanity interspersed with the latest fantasy and SF titles.

## Drama Club (Lower School)

When:Thursday 12.35 – 1.10pmWhere:Wroughton TheatreYear group:Years 7 & 8

Drama Club is an enjoyable and entertaining way to spend your Thursday Lunchtimes. With Energetic Warm up-games, creating crazy characters and making marvellous miniplays!

## eDofE Drop-in Session

When:	Wednesday (Miss Mcrorie) & Friday (Dr Fewell)	
	12.40 – 1.10pm	
Where:	B26	
Year group:	For anyone currently completing any level of the DofE award	

The eDofE Drop-in Session is designated time for pupils to come and ask for help if they have forgotten their eDofE log in details or need advice on choosing their activities, uploading information, or any aspect of their programme of activities.

## Egyptology Club

When:	Tuesday 1.05 – 1.40pm (Week B)
Where:	Q13
Year group:	All year groups

Egyptology Club exists to promote and explore the interest in Ancient Egyptian civilisation and language. We meet for a varied diet of talks, events, activities, games, and study. We have a programme to cater for all tastes and age groups. We usually have topical presentations: slide shows, virtual visits and talks on a diverse range of subjects from mummies and myths to history and monuments. One aim is that members should be able to decipher some of the inscriptions in local museums and books – or better yet - in Egypt! Practical activities are always popular; we make and play the ancient game of Senet and build accurate model pyramids. In each case, we put them in context and examine the history behind the artefacts.

Whether you're interested in the mysteries of the pyramids, sphinx, mummies or fascinated by the tale of the discovery of the fantastic treasure of the boy King Tutankhamun or even want to try to crack the secret code of Hieroglyphs lost for 1400 years, then explore your interests with like-minded people of all ages in Egyptology Club.

Electronic	s Club	
When:	Wednesday 12.35 – 1.30pm	
Where:	Q21	
Year group:	All year groups	

Learn about electronics, experiment with circuits and develop your own projects, based on the Arduino microcontroller. All levels of experience welcome. The club has a good range of interesting components and modules to use or bring in your own circuit, modify it and investigate it, using the Electronics department's range of test equipment.

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## Environmental Action Group (EAG)

When:Wednesday 12.40 - 1.20pmWhere:B22 and around the School grounds (Wk B)Year group:All year groups

The EAG are interested in all things environmental at a local and global level. We aim to raise awareness of key environmental issues such as recycling and biodiversity, with weekly activities driven by the interests of the pupils in the group. Last year we had an ECO Week with speakers and workshops and a photo competition. Other activities during the year included making bird feeders and bug houses, researching owls and dissecting their pellets, planting vegetables and raising money for eco related projects. The group have purchased a wildlife camera trap and recorded footage of the wildlife around the School and put up bat boxes on the Senior School site.

Members of the group attend the annual two day B&NES Climate Summit and organise trips, which last year included a weekend trip to Cornwall and a visit to MJ Church who recycle the waste from KES.

## Fantastic Friday Book Club

When:Friday 12.35 – 1.10pmWhere:LibraryYear group:All Years

## **Geography Society**

When:	Timing and location arranged directly through Geography	
	department	
Where:	Geography Teaching Block	
Year group:	All year groups (depending on the theme)	

An informal opportunity for all pupils to enhance their love of the world around them. The format will alternate every fortnight between inspirational presentations, heated debates and hands-on workshops, delivered by pupils and guest speakers, and amazing documentaries and films chosen by the pupils running the club.

Last year's guest speakers included a BBC cameraman who spoke about his journey down the ice rivers of Ladakh, a teenager from Bristol who inspired our pupils with her talk on an expedition to Arctic Norway, a local environmental consultant speaking about careers in geography, plus a managing director of a renewable's company who introduced us to the world's first large-scale tidal barrage scheme – in Swansea Bay!

## History Society

When:	Timing and location arranged directly through History	
	department	
Year group:	Years 10 – 13	

If you have an interest in any part of our past and want to investigate it and talk about it – History Society is for you!

History Society offers pupils with a keen interest in History (not just those taking exams), the opportunity to present, meet and discuss (nearly) anything of historical interest. Previous topics have included, 'The Phantom Time Hypothesis', 'The Significance of the Big Mac', 'The Spanish Civil War' and many more. The society is also open to those of you who would like to simply join us to listen and/or discuss aspects of our past. The world and its past is your oyster!

## IFS Student Investor Club

When:	Timing and location arranged directly through Business
	& Economics department
Year group.	Years 9 – 13

The IFS Student Investor Club will start from the middle of September. Pupils are asked to form teams of four, come up with a trading name for the team and then register for the IFS Student Investor competition. Teams will start with a one month practice trading period when they can have a go at buying and selling shares and reading the markets. The 'real' IFS Student Investor competition consists of three rounds. From mid-October, each team of four pupils will invest an imaginary £100,000 in stocks and shares and (hopefully) watch their investment grow. Whilst the club meets once a week, pupils are able to make trades via on-line mobile devices at any time. The club will come together to track changes and trade any advice regarding market conditions.

Twenty teams from each of the four UK regions who have turned the largest capital gain will then progress to the regional final. A series of quiz questions at the regional final determines which two teams progress to the national final in London. Following a problem-solving activity and a presentation to a panel of experts on a pre-issued topic, the winning team are rewarded with an all-expenses paid trip to New York.

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## Jewellery Club

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When:	Monday 12.35 – 1.30pm
Where:	Design Technology department
Year group:	KS4 & 5 pupils who have/are taken/taking DT

Come along and learn how to make jewellery using silver.

You will be guided how to make rings, cuff links, pendants or anything you choose that is small scale jewellery.

## Junior Golf Club

When:	TBC Please see Mr Dore for further details (Summer Term)
Where:	Cumberwell Park
Year group:	Years 5 – 8

(Summer Term Only) Do you want to become the next Rory McIlroy or Charley Hull? Come and give KES Golf a try!

You don't need to have played golf before. Professionals from Cumberwell Park Golf Club in Bradford-On-Avon will be coming in to KES in the Autumn term to run 'Tri-Golf' sessions to help us build basic golf skills. After Christmas, once we have developed these skills in school, we'll progress on to the driving range and other facilities at Cumberwell Park itself. KES Golf is open to boys and girls. All equipment will be provided.

## Junior Jiu Jitsu Club



When:Friday 4.00 – 5.30pmWhere:KES Sports Hall BalconyYear group:Years 7 – 13

Jiu Jitsu is a traditional Japanese Martial Art. In Jiu Jitsu Club, pupils have real fun in a positive and safe environment. We help build self-discipline and develop self-confidence, helping children overcome shyness and insecurity. We also give the juniors the opportunity to meet others at regional and national events and share a real sense of achievement.

The mutual respect associated with traditional martial arts is a core philosophy of Jiu Jitsu. Through the active involvement of parents in the grading process, pupils are rewarded for good behaviour, respect and hard work both inside and outside the dojo. To progress through the grades, self-discipline is expected in all areas of life.

Where:	Various locations
Year group:	All year groups

The School affiliates to the National School's Equestrian Association. NSEA is the recognised body for equestrianism in schools throughout the UK, providing intra and inter-schools competitions for team and individual riders. Competitions for teams and individuals start at grass roots level and build up to National Schools' qualifiers and annual Championships. Our aim is for all members of the School community currently pursuing their equestrian passion to be able to represent KES at prestigious inter-school equestrian competitions throughout the country. Disciplines include Dressage, Show Jumping, Arena Eventing ('Jumping with Style'), One Day Events, Hunter Trials and Tetrathlons. Events take place at local, county, regional and national levels, culminating in the annual National Schools' Championships in October.

Mrs Moreno is the team's manager and will be coordinating our affiliation and team within school. Team training and team preparation will take place at suitable venues outside of school. For further information, please visit the association's website http://www.nsea.org.uk/, which offers regular updates about competition results and future events.

KES Enter	prise
When:	Timing and location arranged directly through Business
	& Economics department
Year group:	Years 12 & 13

KES Enterprise is an in-house enterprise scheme run by the department, catering for Year 12 pupils who wish to test out their entrepreneurial skills. The activity aims to introduce pupils to the realities of business and event planning within the safety of the School environment. In return, the company which the pupils set up, will donate at least 25% of any profits made to the chosen KES charity for that academic year.

Pupils will decide upon a company name, choose a product or service, appoint individuals to different roles and deal with the financial elements of cash flow and breaking even on each project. Project leaders will take control and co-ordinate their peers whilst members of the department will cast their eye and experience over proceedings offering a helping hand as and when required.

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#### When: Thursday 12.35 - 1.10pm Where: A02 Year group: All year groups

KES Pride is a support group for everyone – the LGBT+, labelless, and surrounding community - where we aim to target LGBT+phobia, spread awareness, self-confidence, and pride. Come along if you have questions about gender/orientation, want to support, or get involved. We also have a group of pupil mentors who are happy to chat, listen, discuss and offer support to anyone who needs it - feel free to seek us out!

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## Kumihimo Club

Monday 12.35 - 1.10pm When: Where: N43 Year group: Years 7 & 8

Kumihimo is the traditional Japanese technique of braiding strands of silk to create intricately coloured cords. The cords, also called kumihimo, are strong but slender, and have a multitude of uses. It is an relaxing, mindful activity to complete while chatting with friends. No experience is necessary!

## LAMDA (London Academy of Dramatic Art)

When:	Various lunchtimes and after school
Where:	Various locations
Year group:	Years 9 – 13

Pupils have a weekly 30 minute lesson with Mrs Tamblyn or Mrs Schofield, working towards a LAMDA (London Academy of Dramatic Art) examination. Pupils are entered for relevant grades depending on age and ability (Grades I - 8). For years 7 to 10 lessons take place during curriculum time and for years 11 to 13 lessons take place during lunchtimes, after school or study periods. At the examination, pupils perform two or three scenes (depending on which grade they are working towards). Grades 6, 7 and 8 (Bronze, Silver and Gold) carry UCAS points recognised by many universities. Pupils can be entered for solo or duo examinations. The price of these lessons is available on request from the Drama department.

When:	Monday 12.35 – 1.30pm
Where:	Q21
Year group:	Years $7 - 9$ (Currently at full capacity) Space available from Spring

FIRST® LEGO® League is a global science and technology competition for teams of pupils, to encourage an interest in real world issues and develop key skills that are crucial for their future careers. The pupils work together to explore a given topic and to plan, program and test an autonomous robot to solve several missions.

Interested pupils from Years 7 to 9 are invited to join the club in the Spring Term and spend the rest of the year learning about and experimenting with Lego robots by solving short challenges. A team is selected from this group to compete in the FLL Competition, with work starting at the beginning of the Autumn Term before the regional tournament in Bristol in lanuary.

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## Lower School Book Club

When:	Tuesday 1.00 – 1.40pm (Week B)
Where:	Library
Year group:	Years 7 & 8

Read, write and do crafts and puzzles that open up a world of books and the library to our newest pupils. Books are chosen collectively and aim to reflect, challenge and stretch interests and abilities. This group also takes part in the B&NES Centurion Prize and the Carnegie Shadowing Scheme.

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## MedSoc

When: Wednesday 4.15 - 5.15pm Where: BII Year group: Years 11 - 13

Despite the name, this is not a society exclusively for those considering medicine as a career path. Rather, it is aimed at anyone interested in any area related to medical biology and healthcare. This includes the traditional vocational pathways in medicine, veterinary science and dentistry as well as other healthcare disciplines; biosciences, biomedical and forensics to name just a few! A predominantly pupil-led society, MedSoc provides an opportunity for students to gain valuable leadership and organisational skills, and determine the direction they want the society to take.

The aims of MedSoc are to work on some of the key skills required by healthcare careers; to provide a platform for sharing ideas and concerns around challenging current affairs topics and ethics; to develop the ability to review research papers and begin to understand the concept of evidence based medicine; to help students plan their approach to the application process and navigate their way through it. Sessions cover a wide range of activities from games and guizzes to presentations and outside speakers.

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**CLUBS & SOCIETIES** 

## Mindfulness Club

When: Tuesday 4.15 – 4.40pm Where: TBC All year groups Year group:

An opportunity to learn the techniques of mindfulness and appreciate a bit of calm in a busy day.

## Mindfulness (Drop-in)

When: Friday 1.15 - 1.30pm N36 Where: All year groups Year group:

### MUN

When:	Monday 12.40 – 1.10pm
Where:	B25
Year group:	Years 10 – 13

In an increasing global world, our pupil-led MUN offers a chance for you to learn about diplomacy, international relations and global politics as well as hone your debating skills. With weekend conferences mirroring the real United Nations, you have the opportunity to take on the opinion of one of the member states and debate the potential solutions to the world's biggest problems. Topics range from 'Water Wars', 'The Spread of AIDS to Child Soldiers' and 'Global Terrorism'. There is no better opportunity for you to deepen your understating of the economies, cultures and policy-making of our international partners, better preparing you for the world of tomorrow.

Friday 12.40 - 1.10pm (Week B) When: Design Suite Where: Year group: Years 7 & 8

Photography Club

This is an extra-curricular opportunity aimed at Years 7 - 11 (max. 10 pupils). The club is run by the Photography department, which acts as an introduction to photographic techniques and processes. There are workshops focused on taking photos and camera management, and there is also the opportunity to manipulate digital images using software such as Photoshop.

## **REVIEWED** - The Pupil Newspaper

When:	Wednesday 12.35 – 1.10pm
Where:	B17
Year group:	All year groups

REVIEWED is the School newspaper which has space for everyone. It's run by pupils for pupils. Whether you want to write articles on science, media, current affairs or reviews, edit articles, be on our marketing team, there is certainly a space for you.



## Sixth Form Book Club

When: Tuesday 1.00 - 1.40pm Where: Library Year group: Years 12 & 13

Book share discussion on the latest in the bibliosphere. Themed refreshments are a feature.

## Socrates Club

When: Where: Year group:

Tuesday 12.45 - 1.30pm NII All year groups

The first Socrates Club was set up by C. S. Lewis at Oxford University and was intended to provide a forum where thinkers could meet to discuss issues of philosophical, ethical, and religious significance. Pupils are invited to lead meetings on topics of their choice. Socrates Club has recently covered topics including the respective fates of the Ukraine and BBC3, sexism in the media, and the ethics of independent education.

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## Spanish Club (Lower School)

When:	Tuesdau 12.35 – 1.20pm
Where:	B12
Year group:	Years 7 & 8

Do you like playing games, speaking Spanish and having fun with your friends? Then come along to Spanish Club!

This club is a great opportunity to delve into all things Spanish; from language and culture, to games and craft. You do not need to know any Spanish, but bring lots of enthusiasm for having fun!

When:	Monday 1.00 – 1.30pm
Where:	Library
Year group:	Years 7 – 10

Combining Science, Technology, Engineering and Mathematics, STEM club will work on self-directed projects in the Library Makery. Whether it be robots or basket weaving, STEM club aims to link these crucial subjects into real world creations.

# Tech Club (Drama)

When:	Tuesday 12.35 – 1.00pm
Where:	The Rose Drama Centre
Year group:	Years 7 – 11

A chance for pupils of all ages to come along and find out how the magic of theatre is made. Pupils are given the opportunity to learn how to design and plot lighting, or how to work the sound desk. They can also develop stage management skills which they are able to use on our School productions. The technical crew are an integral part of our performances at KES and it's here in Tech Club, where they hone their craft.

When:	Wednesday 12.35 – 1.20pm
Where:	Design Technology department
Year group:	KS3

**Textiles** Club

Come along and find some recycled material and use it to make something. We will be around to help you with turning your idea into a quality product.

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## Think Tank

When:TBC directly with pupils by RJTWhere:Quiet RoomYear group:Years 12 & 13

Think Tank is a discussion group for those interested in pushing themselves intellectually. Aimed at those seeking placement on competitive HE courses, it looks at topics and subjects from an oblique angle and pushes people to see things from a new perspective. The Autumn Term focuses on interview practice.

## Touch Typing

When:Thursday 12.35 – 1.10pmWhere:B26Year group:All year groups

Being able to touch type is an important modern life skill. You will use a program called *Englishtype*, in which the learning is self-directed and you will progress at your own pace. The program contains all the instructions needed to learn to type (both visual and verbal instructions). The multi-sensory design ensures that most pupils will learn independently. You can even enjoy learning to touch type, as part of the program involves practice with a game based format. Further independent practise will be needed to become a proficient touch typist.

## Warhammer

When:
Where:
Year gro

Vhen:Thursday 4.00 – 5.15pmVhere:Q14Year group:All year groups



## MUSIC AT KING EDWARD'S SCHOOL

We believe in promoting independent musicians capable of performing with poise, passion, connection and skill. Renowned for both its breadth of opportunity as well as its ambition to extend the most able musicians, co-curricular Music at King Edward's has something for all musicians.

The Music department works very closely with other departments to ensure excellent coordination with other co-curricular activities. Many pupils achieve balance in their co-curricular timetables by adopting a week-on week-off rotational basis with other activities. This is achieved with the understanding that active personal preparation of ensemble parts allows rapid progress in the rehearsals that are attended.



## Advanced Flute Ensemble

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Thursday 8.20 - 9.00am When: Where: MU2

#### Who may join:

NON-AUDITIONED: Open to more advanced flautists. This ensemble group is aimed at flautists of Grade 5 standard and above.

#### Performance opportunities:

A range from KES Extravaganza Concert (Spring), KES Autumn Colours Concert, KES Spring Colours Concert, lunchtime recitals and various assemblies.

#### Repertoire:

We play a range of repertoire and the experience is gained in advanced sight-reading and ensemble playing.

### Baroque Group / B'Rock Group

#### (Senior String Chamber Ensemble)

When:	Friday 8.15 – 9.00am
Where:	MU2

#### Who may join:

NON-AUDITIONED: Open to string players of Grade 4 and 5 ability and above with invited soloists from other instrumental families playing energetic instrumental pieces and concerti.

#### Performance opportunities:

The group often open the KES Carol Service (Autumn Term) and Founder's Day in Bath Abbey (Summer Term) as well as the Prizegiving Ceremony in September, and the KES Extravaganza Concert in March, the Spring Colours Concert, not to mention occasional appearances in assemblies and performances in the Bath community such as at the Royal United Hospital.

We regularly play in the Mid-Somerset Festival Competition and have gained several trophies for our playing!

#### Repertoire:

The title 'Baroque Group' does not limit our repertoire to the 17th and 18th Centuries, we also play up-to-date works using electric string instruments to perform rocky arrangements of the likes of Led Zeppelin, Muse and film scores to produce fun, varied and engaging performances.

When:	Tuesday 12.35 – 1.20pm
Where:	MU2

#### Who may join:

NON-AUDITIONED: Cellists of all abilities are welcome - whether you learn inside or outside school. Please see Ms Power for further details.

#### Performance opportunities:

KES Extravaganza Concert, Autumn and Spring Colours Concerts and various assemblies. It is a great way to add to your playing experience.

#### Repertoire:

The repertoire will vary depending on the ability of each member. Everybody gets something to play matched to their ability and the overall sound is amazing!

## **Clarinet Ensemble**

When:	Monday 8.20 – 9.00am
Where:	MUI

#### Who may join:

NON-AUDITIONED: All Grade 3 standard clarinettists and above from Years 7 - 13. There are several different types of clarinet to play!

#### Performance opportunities:

A range from KES Extravaganza Concert (Spring), KES Autumn Colours Concert, KES Spring Colours Concert, lunchtime recitals and various assemblies.

#### Repertoire:

A wide range of styles.

When:

Where:

Who may join:

## Grade V Theory Class

MUI

tuition in individual Theory lessons.

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OUTWARD BOUND

When: Thursday 8.20 - 9.00am Where: MUI/The Wessex Building

**INTER-KES** Orchestra

#### Who may join:

NON-AUDITIONED: All KES instrumentalists taking instrumental lessons between Grade 2 - 4 are expected to take part.

Thursday 4.05 – 5.15pm (Subject to interest)

Open to all musicians wishing to prepare for ABRSM Grade IV and V Theory and those

preparing for GCSE Music as an alternative to our recommended method of Theory

The purpose of this activity is to teach pupils in a classroom atmosphere, how to

approach the challenges and requirements of Grade IV and V theory exercises.

There is a charge for this activity. Please contact the Music Office for details.

This activity is for instrumentalists who are keen on developing their ensemble skills in a supportive and fun atmosphere. This ensemble is the most secure pathway to joining more advanced instrumental ensembles such as KES Senior Orchestra, KES Soul, KES Brass, KES Wind and KES Baroque Group (Stings) and KES Contemporary.

#### Performance opportunities:

KES Extravaganza Concert (Spring Term), Lower School Concert (Summer Term) and various assemblies.

#### Repertoire:

We perform a range of music from films, musicals and the classical repertoire.

When:	Monday 8.20 – 9.00am
Where:	MU2

#### Who may join:

NON-AUDITIONED: Open to all Grade 2 flautists and above.

#### Performance opportunities:

A range from KES Extravaganza Concert (Spring), KES Autumn Colours Concert, KES Spring Colours Concert, lunchtime recitals and various assemblies.

#### Repertoire:

Fun arrangements for flute from a wide variety of styles.

## **KES Brass**

When: Where:

Monday 8.20 - 9.00am Junior School Music Room

#### Who may join:

NON-AUDITIONED: Open to all brass players of any ability.

#### Performance opportunities:

Playing carols outside Bath Abbey (Autumn Term), Extravaganza Concert (Spring Term), Founder's Day service in Bath Abbey (Summer Term) and assemblies throughout the year. We regularly play in the Mid-Somerset Festival Competition and have gained several trophies for our playing!



## **KES** Contemporary

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When:Friday (selected) 12.35 – 1.20pmWhere:MU2

#### Who may join:

**BY INVITATION:** By invitation depending on the musicians required for the piece being performed.

#### Performance opportunities:

KES Carol Service and Founder's Day in Bath Abbey, KES Gala Concert as well as the KES Extravaganza Concert in March.

#### Repertoire:

We give world premieres of new compositions especially written for the ensemble by both our resident composer, Mr M Boden, pupils and other staff.

## KES MEN

When: Where:

SPORT

Tuesday (term dependant) 4.00 – 5.00pm MUI

#### Who may join:

**NON-AUDITIONED:** Any male vocalist from Year 7-13 who wants to experience singing in an all-male group.

#### Performance opportunities:

A large number of KES assemblies, in community care homes around Bath, the KES Choral Extravaganza Concert, KES Gala Concerts, joint concerts with visiting choirs and even some special concerts entitled 'An Evening with MEN'.

#### Repertoire:

We perform a wide range of music from barbershop arrangements to popular songs, a large proportion of which are chosen by the pupils involved in the group.

## **KES Senior School Singers**

When:	Tuesday 12.35 – 1.20pm & some occasional Fridays in the
	run up to performances (Dates TBC.) 4.00 – 5.30pm
Where:	MU1/The Wessex Building

#### Who may join:

**NON-AUDITIONED:** Open to all years and abilities (Years 7 - 13). All welcome! Our exciting KES Un-auditioned choir.

#### Performance opportunities:

KES Christmas Carol Service in Bath Abbey, carol singing around Bath, Founder's Day service in Bath Abbey (Summer Term), Mid-Somerset Festival Competition and various assemblies. Competitions in both Popular and Classical styles, Choral Evensong services, and at least one large-scale concert during the year.

We are hoping to launch our first KES International Senior Choir Tour in Summer 2020.

#### Repertoire:

The choir sings a hugely varied range of repertoire, which includes pop and 'lighter' music as well as more traditional choral items such as carols at Christmas and glorious choral masterpieces. We've done really well in recent Mid-Somerset Festival competitions and this is a fun and social group to join! There is usually chocolate at rehearsals too!

## **KES** Steel

When:Thursday 1.10 – 1.45pmWhere:Junior School Music Room

#### Who may join:

**NON-AUDITIONED:** Musicians from the Senior School are able to join this group by contacting the Music Office or by seeing Mrs Hutchings directly.

#### Performance opportunities:

KES Extravaganza Concert (Spring), Spring Colours Concert, Party in the City in Bath as part of the Bath Music Festival and a variety of assemblies.

#### Repertoire:

Especially arranged popular pieces with a Caribbean twist! So much loud fun!

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## KES Soul & KES Soul Singers

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KES Soul - Thursday 12.35 – 1.20pm KES Soul Singers - Friday 12.35 – 1.20pm MU2

#### Who may join:

When:

Where:

AN INCLUSIVE ENSEMBLE but some parts are very limited in number.

(A short interview/audition to MDB to gauge your abilities is required.)

Pupils from all years - lead vocalists, backing vocalists, lead guitarists, backing guitarists, bass guitarists, pianists, percussionists, brass and woodwind players. Auditions/interviews can be arranged with MDB throughout the year. Pupils should be able to interpret individual parts from notation, chord sheets and audio. Guitar, keyboard, wind, brass and percussion instruments may be invited to improvise. Vocalists are required to perform both lead and harmony parts.

#### Performance opportunities:

KES Extravaganza Concert, assemblies, and lots of performance opportunities in the local area such as Bath Festivals.

#### Repertoire:

Performing a fun and challenging variety of Jazz-Rock, Funk, Soul and R&B.

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## KES Windband

When:	Wednesday 12.35 – 1.20pm
Where:	The Wessex Building

#### Who may join:

NON-AUDITIONED: Open to all brass, woodwind and percussion players. Open to all instrumentalists from approximately Grade 3 upwards.

#### Performance opportunities:

Mid-Somerset Festival Competition, KES Extravaganza Concert and a variety of assemblies.

#### Repertoire:

We perform a variety of popular and classical works with the opportunity for more advanced pupils to conduct a piece of music.

## KES 16/Sacred Choral Class – Partnered with Bath Abbey

When:	Wednesday 8.15 – 9.00am
	Selected Thursdays 11.10 – 11.30am
Where:	MUI

#### Who may join:

AUDITONED: SATB voices, for advanced singers, by audition only, places are limited to 16 in total. Entry to this high-profile vocal ensemble is by invitation. **Pupils are selected from within the Senior School Singers** based on vocal quality, musical ability, vocal leadership as well as reliability and commitment to the Senior School Singers.

#### Performance opportunities:

This is the Senior School's top vocal ensemble and the group regularly perform in such venues as the Banqueting Room in the Guildhall, the Assembly Rooms, The Empire Building, Bath Abbey around three times a year as well as performing in school concerts such as the Gala Concert, the KES Choral Extravaganza Concert and whole school assemblies. The group recently performed with Bath's CitySound Voices Choir and has in the past undertaken Choral Evensong tours of Bath, Gloucester and Southwark Cathedrals in partnership with professional singers from Bath Abbey. They have also competed very successfully every year in both the Mid-Somerset Festival competition and the Music for Youth Festival, even making it through to the National Festival round in Birmingham.

SPORT

OUTWARD BOUND

## Parent/Staff & Friends of KES Choir

When:	Selected Tuesdays 7.00 – 9.00pm
Where:	Top Floor, Wessex Building or MUI

#### Who may join:

**NON-AUDITIONED:** SATB voices from the KES Parent/Staff and Friends of KES Community – non-auditioned.

Why not come and join this warm, fun and supportive non-auditioned KES community choir. There are well over 40 singers in the team and we work towards large scale performances in the KES Music Festival.

#### Performance opportunities:

We work towards large scale performances such as Gala Concerts in the Guildhall and the KES Choral Extravaganza Concert in the Wroughton Theatre as part of the KES Music Festival, as well as KES Founder's Day services in Bath Abbey. Venues we have sung at include Bath Abbey, the Banqueting Room in the Guildhall and the Assembly Rooms in Bath.

#### Repertoire:

Having taken part in performing great choral masterpieces such as Handel's Zadok *the Priest* and Faure's masterful *Messe de Requiem* recently, we are now preparing to come together to perform in 2019's Choral Extravaganza Concert in March, and 2020's KES Gala Concert with Bath Philharmonia!

## Parent Choir

When:Wednesday 8.15 - 9.00amWhere:Top Floor, Wessex Building

#### Who may join:

**NON-AUDITIONED:** SATB voices from the KES Parent community. This vocal group is run by one of our musical parents and all are very welcome to join and start their day in song!

#### Performance opportunities:

KES Gala Concerts, KES Choral Extravaganza Concerts and services in Bath Abbey!

#### Repertoire:

Really fun repertoire from popular to more classical styles in the relaxed friendly surroundings of the KES Music department.

## Percussion Ensemble

When:	Friday 1.20 – 2.50pm
Where:	Top Floor, Wessex Building

#### Who may join:

**NON-AUDITIONED:** All years and abilities. Senior and Junior pupils. Although no specific grade level is required, a staff notation reading ability of around Grade 3 is helpful but not necessary.

#### Performance opportunities:

KES Extravaganza Concert, Spring Colours Concert, KES Junior Prom Concert and various assemblies.

#### Repertoire:

It's invariably thrilling and loud!

## Saxophone Ensemble

When:	Wednesday 4.00 – 5.00pm
Where:	Junior School Music Room

#### Who may join:

**NON-AUDITIONED:** This fun ensemble is open to all saxophonists Grade 2 or above, regardless of whether you have lessons inside or outside school.

#### Performance opportunities:

KES Extravaganza Concert, Autumn and Spring Colours Concerts, KES Charity Concert and various assemblies.

#### Repertoire:

We play a varied repertoire (often chosen by members!) which is designed to suit a wide range of abilities. You get to play on a wide variety of Saxophones!

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### Senior Orchestra – Partnered with the Bath Philharmonia Orchestra

When:Monday 4.00 - 5.30pmWhere:Top Floor, Wessex Building

#### Who may join:

The majority of parts are NON-AUDITIONED: Open to instrumentalists (Grade 4 upwards) by arrangement with Mr Drury.

**Some instruments are AUDITIONED** due to popular demand and musical balance considerations.

#### Performance opportunities:

The orchestra has competed very successfully in both the Mid-Somerset Festival Competition and the Music for Youth Festival, winning trophies for its vibrant and passionate performances. The group performs at the end of term whole school assemblies, in our annual Bath Orchestral Gala Concert performances in such amazing venues as the Guildhall and Assembly Rooms in Bath and we inspire our younger KES pupils from the Pre-Prep and Junior Schools in workshops and visits.

As part of our special, year 'round *Side-by-Side* partnership programme, KES Senior Orchestra members gain: free access to the majority of Bath Phil's Concert programme; attend selected Bath Phil rehearsals; learn from professionals in our annual Bath Phil Sunday orchestral workshop; get to play alongside the whole of Bath Philharmonia in one of their rehearsals; the leader of the KES Senior Orchestra is mentored by the Bath Phil leader; you gain access to one of our five solo workshops (Upper Strings/Lower Strings/ Woodwind/Brass/Percussion) with top visiting Bath Phil professional players as well as getting to meet and work with world-class soloists! These have recently included BBC Young Musicians of the year winners and finalists Nicola Benedetti, Laura van der Heijden and Jess Gillam!

#### Repertoire:

Repertoire includes music from modern film scores, light orchestral scores and full-blown orchestral classics with lots of wow factor!



## Senior String Quartet

When:	Monday 12.35 – 1.20pm
Where:	Junior School Music Room

#### Who may join:

By invitation only - Please see Mrs Hampson-Gilbert for details.

#### Performance opportunities:

AUDITIONED: Mid-Somerset Festival Competition, KES Extravaganza Concert, KES Autumn and Spring Colours Concerts, the Year 11 Prom Night and various assemblies. Future plans include performances outside of school in the Bath community!

#### Repertoire:

A range of music from full advanced String Quartets to lighter classical arrangements.

## **SPORT** AT KING EDWARD'S SCHOOL

Sport plays a significant role in the life of King Edward's School. The School enjoys a strong sporting tradition, where all pupils are encouraged to take an active role in the curricular and co-curricular opportunities available to them. Each pupil is encouraged to develop their potential, creating the opportunity to allow later involvement at recreational level or within a competitive environment. We aim to nurture teamwork, leadership, commitment and a passion for sport through the opportunities available to all pupils at KES.



SPORT

## **Badminton Club**

When:(Autumn & Spring Terms) Tuesday 12.35 - 1.30pmWhere:KES Sports HallYear group:All year groups

A recreational lunchtime club aimed at developing game play and enjoy taking on new opposition in a fun environment.

### Boys' and Girls' Cricket

#### When/Where: (Summer Term)

Monday – UI2 & UI3: 4.00 – 5.30pm at Bathampton Tuesday – Seniors & UI5: 4.00 – 5.30pm at Bathampton Wednesday – UI4: 4.00 – 5.30pm at Bathampton

Year group: All year groups

Cricket is the major boys' and girls' sport in the Summer Term. The School offers cricket to all abilities from Years 7 to 13 and covers all aspects of the game in these training sessions.

During the term, the pupils receive weekly two hour games sessions at our picturesque Bathampton grounds and in addition they are offered after school training. The games sessions are generally technique based and the training nights look to cover other aspects of cricket including tactical and game play.

At the younger ages, we have fixtures from A to C standard and play mainly a T/20 format so that we get children to fall in love with the game and develop a real passion, so that when they reach senior level they take full advantage of the varied fixture card. The senior fixture card comprises of T/20, 40 over and all day matches in our Cricket Week, which is the focal point of the cricketing calendar.

In addition to this programme, we also run an Elite and Development Cricket Programme for hand selected players, and a Winter programme for all abilities at lunchtimes.





#### When/Where: (Spring Term)

4.00 – 5.30pm
KES Astro or University of Bath artificial pitch
Monday – UI2 at KES | Monday – UI3 at University of Bath
Tuesday – Seniors at KES
Wednesday – UI5 at KES
Thursday – UI4 at KES
Friday – Ist at KES
Year group: All year groups

Hockey is the major boys' sport in the Spring Term. The School fields up to 16 teams from U12 C and D to 1st XI. Teams are offered at A, B (and if numbers permit C and D at U12 and U13) level. The fixture card is balanced and challenging, with a combination of midweek and weekend fixtures. The School enters England Hockey's National Cup Competitions at U13, U14, U16 and U18 level.

During the term, boys receive a weekly two hour games session, at school or at the University of Bath, during the school day, which provides and supports the development of individual and team skills, plus promoting an understanding and enjoyment of the game.

In addition, boys participate in a weekly after school training session with an increasing emphasis on preparing teams for fixtures, as pupils progress up the School. The emphasis in the hockey programme is to develop a range of core physical skills and mental strength including effective decision making under pressure, and to build good sporting character. The boys have also had the opportunity to develop their skills further, at lunch time sessions run throughout the Summer Term.



## Boys' Indoor Hockey

### hen: (Autumn Term) Wednesday – U12 - U14: 12.35 – 1.30pm Wednesday – U16 & U18: 4.00 – 5.30pm here: KES Sports Hall ar group: Selected pupils

Indoor hockey complements the major boys' sport of the Spring Term, by providing players in the respective year groups with the opportunity to develop the core skills essential for the indoor game, whilst providing an excellent grounding for outdoor hockey.

These sessions will provide a combination of individual skills and team structure/tactics, to allow for effective performance. From these sessions, a squad is selected to represent the School.

The boys compete in the County rounds of the National Schools Indoor Hockey competition in late November with the potential of progressing through to the Regional and National rounds in December/January. In 2016 the U18 boys narrowly missed out on qualifying for the National Finals.

We also offer developmental coaching sessions at lunchtimes during the Autumn Term, for players in Years 7-9, to build the fundamental skills of the indoor game.

## Elite and Development Cricket Programme

Starting in the Spring Term, we run a Cricket Development Programme for boys and girls which is held at school using the indoor nets. Mr Brown, Head of Cricket and Elliott Robertshaw, Specialist Sports Coach (cricket) will lead the sessions.

The boys and girls are invited to join the programme run before school. The aim of the course is to allow our talented cricketers from Year 7 to seniors to work on additional skills to enhance what is possible in a team training environment. We look at all areas that a cricketer needs to develop, which include technical, tactical, physical, mental and lifestyle skills. The players work intensively for an hour a week from 7.30 - 8.30am.

The course usually runs throughout the Spring term and leads the pupils up to the Easter break, so that they are ready to hit the ground running in the Summer Term.

## Football Club

When:	Monday 12.35 – 1.30pm – U12 & U13
	Wednesday 12.35 – 1.15pm – U14 & U15
Where:	KES Astro
Year group:	Years 7 – 10

This is the beautiful game – played by and loved by millions world-wide. The Football Club at KES is all about developing individual skills and team play by using drills, small sided-games and working towards some competitive matches in the Spring Term. Come along and enjoy!

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**CLUBS & SOCIETIES** 

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## Girls' Hockey

Year group:

When/Where: (Autumn Term) 4.00 – 5.30pm

Monday – UI2 at KES Astro & UI3 at University of Bath Tuesday – Seniors at KES Astro & University of Bath Wednesday – UI4 at KES Astro Thursday – UI5 at KES Astro All year groups

Hockey is the major girls' sport in the Autumn Term and is open to all pupils. We run up to 16 teams from UI2 to 1st XI. We field A and B teams at UI4 and UI5 level (and additionally, C and D teams at UI2 and UI3). The fixture card is balanced and challenging, with most fixtures taking place on Saturdays and some midweek. The School enters England Hockey's National Cup Competitions at UI3, UI4, UI6 and UI8 level.

During the term, girls receive a weekly, two hour games session on our astro or at the University of Bath, which provides and supports the development of individual and team skills, plus promoting an understanding and enjoyment of the game.

In addition, girls participate in a weekly, after school training session, with an increasing emphasis on preparing teams for fixtures, as pupils progress up the School. The emphasis in the hockey programme is to develop a range of core physical skills, mental strength including effective decision making under pressure, and to build good sporting character. The girls also have the opportunity to develop their skills further, at lunchtime sessions run throughout the Summer Term.



When/Where: (Autumn Term) Friday 4.00 - 5.30pm **KES Sports Hall** Year group: UI6 & UI8

KES now runs a progressively comprehensive indoor hockey programme during the Autumn Term. Players in the respective year groups have the opportunity to develop core skills which are essential for the indoor game, whilst providing an excellent grounding for outdoor hockey. These sessions provide a combination of individual skills and team structure/tactics, to allow for effective performance. From these sessions, squads are selected to represent the School.

The girls compete in the County rounds of the National Indoor Hockey competition in late November with the potential of progressing through to the Regional and National rounds in December/lanuary. In 2016, the U16 girls reached the West of England Regional finals.

We also offer developmental coaching sessions at lunchtimes during the Spring Term, for players in Years 7-9, to build the fundamental skills of the indoor game.

## Girls' & Boys' Tennis

When/Where: (Summer Term) Lunchtime and after school at KES Tuesday - Seniors boys and girls: lunchtime. UI2 & UI3 boys: after school Wednesday – UI2 & UI3 girls: after school Thursdays - UI4 & UI5 boys and girls: after school Friday – Invitation Squad: after school

Pupils can use the tennis courts informally at lunch times every day, however trainers must be worn and they must provide their own racquets and balls.

Tennis is played as part of the PE curriculum in the Summer Tern, with training after school for Years 7-9. In Year 10 and the Senior age groups it is also played during Games lessons.

Fixtures are played during the week and also on some Saturdays for Seniors. We also enter the AEGON League for UI3 and UI5 girls and boys which allows our top players to compete in a national competition. Pupils can also enter the Avon Schools' Doubles and Singles competitions.



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## Inter-Form Competitions

When:(All Year) Friday 12.35 – 1.30pmWhere:KES Sports HallYear group:Years 7 – 9

King Edward's School's Inter-Form Sports' programme is an integral part of school life. More pupils choose to participate in Inter-Form activities than in any other aspect of school life! Pupils represent their forms in 14 different sports and disciplines, catering for a broad range of skills and abilities. The centrepiece of the Inter-Form Sports' programme is Sports Day, which is held annually at the University of Bath's athletics track, where all pupils eagerly take part and where our annual winners are crowned.



**CLUBS & SOCIETIES** 





## Netball (Girls)

Year group:

When/Where: (Spring Term)

4.00 – 5.30pm at KES 4.00 – 5.45pm at the University of Bath Monday – UI2 (KES) UI3 (University of Bath) Tuesday – Seniors (KES & University of Bath) Thursday – UI4 & UI5 (University of Bath) Selected pupils

Netball is the major girls' sport in the Spring Term (although preparation for the National Schools' Tournaments starts in the Autumn Term). The School fields between 13-16 netball teams from U12 – 1st VII. Teams are offered at A and B (and if numbers permit to C and D teams). The majority of fixtures take place on Saturdays with some midweek. The Marlborough Invitational Tournament takes place on a Sunday.

Pupils receive a weekly two hour games session at KES or University of Bath where we focus on individual skill development and increased tactical and technical understanding of the game. In addition, we encourage pupils to attend a weekly after school training session to further reinforce skill learning and provide additional game play.



## Netball - National Schools Squad U14/U16/U18

When/Where:	(Autumn Term) 4.00 – 5.30pm at KES Sports Hall
	Monday – UI6 & UI8
	Tuesday – UI4
Year groups:	UI4 – Yr 7, 8 & 9, UI6 – Yr 10 & II, UI8 – Yr 12 & I3
	Selected pupils

The National Schools Tournament takes place with the District and County rounds in the Autumn Term. The squad comprises our strongest netball players across various age groups and is selected on success at the relevant trials.

The training sessions and matches will focus on individual skills development combined with team development and increased tactical understanding of tournament play.

Within this tournament, 12 teams have reached the Regional finals over the last eight seasons across a variety of age groups.

When:

(Autumn Term) Tuesday 4.00 – 5.45pm (from October half-term) University of Bath STV Years 7 - 10 Year group:

This is an opportunity for pupils to refresh their netball skills ready for the season ahead. You do not need to commit to every week but come along and get ready for January!

## Rugby

Where:

Pre-Season Netball

When: (Autumn Term) 4.00 – 5.45pm Monday – UI2 & UI3 Tuesday – Seniors Thursday – UI4 & UI5 Friday – Seniors (On KES Astro with a 5.30pm finish) Where: Bathampton Playing Fields first half of Autumn Term and Odd Down 3G after half-term 4.00 – 5.30pm Year group: All year groups

Rugby is the major boys' sport in the Autumn Term (although a 7s rugby programme operates in the Spring Term). The School fields between 11 to 13 teams from U12 to

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with the majority of fixtures taking place on Saturdays. During the term, boys receive a weekly, two hour games session at our Bathampton playing fields during the school day which provides and supports the development of individual and team skills and game awareness, ensuring our players are contact ready. In addition, boys participate in a weekly after school training session which for the UI4 and UI5 teams tends to have an emphasis on preparing for weekend fixtures, whilst for the UI2 and UI3 boys provides the opportunities for all boys to develop their skills and confidence further.

Ist XV. Teams are offered at A, B (and if numbers permit C XV or 3rd XV level). The fixture card is balanced and challenging



## Rugby 7s

### When/Where: (Spring Term)

Monday 4.00 – 5.30pm – Senior & UI6 7s at Odd Down 3G Monday 12.45 – 1.15pm – U14 at KES Tuesday 12.45 – 1.15pm – U12 at KES Wednesday 12.45 - 1.15pm - U13 at KES Thursday 12.45 – 1.15pm – U14 at KES Friday 12.45 – 1.15pm – Senior & U16 at KES

Rugby 7s is offered in the Spring Term and competitions are regularly entered at all ages, U16 and U18. Tournaments are entered at local and regional levels and culminate at the Rosslyn Park HSBC National Schools' Sevens, where in 2015 the Senior VII were group winners and guarter finalists.



## Running Club

When:	(All Year) Wednesday 12.45 – 1.30pm
Where:	Meet outside KES Sports Hall office
Year group:	Open to all years and abilities

Off-site cross country running, with a variety of routes, terrain and inclines.

## **Recreational Table Tennis**

When:	(All Year) Monday, Tuesday, Thursday & Friday (Week A only)
	12.35 – 1.30pm
Where:	KES Sports Hall Balcony
Year group:	All year groups

Table Tennis is a recreational club open to all pupils during lunch time. Pupils can borrow bats and balls and play a variety of formats on one of the six tables that are available each lunchtime.

This is a popular activity with many boys and girls from all year groups. Essentially this session is run by the pupils although members of the PE department are on hand to supervise and help out with any coaching or tactical issues as required.

## Strength and Conditioning

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(All Year) Monday to Friday 12.35 – 1.30pm Tuesday to Thursday 4.00 – 5.30pm

Where:KES Fitness RoomYear group:All year groups

Supervised strength and conditioning sessions designed to reduce injury occurrence and enhance athletic development. Sports performance will be aided by improvements in strength, power, mobility, speed, endurance, and functional control. Participants follow structured programmes based on both their previous training experience and stage of maturation. These programmes are designed and delivered by specialist staff.



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## **OUTWARD BOUND** AT KING EDWARD'S SCHOOL

King Edward's School CCF is numbered among the oldest contingents in the country, establishing a corps in 1900. It is an army only section and, since 2006, has been proudly affiliated to the King's Royal Hussars and combines their unique 'brown beret' with our very own original cap badge.

The Duke of Edinburgh's Award is one of the country's most established initiatives, whose philosophy is all about 'having a go'. King Edward's annually runs the Bronze, Silver and Gold Awards with over 84 pupils currently undertaking Bronze, 39 working towards Silver and 24 working towards their Gold.

The annual Ten Tors Challenge is a testing expedition for teams of six over the Dartmoor National Park. It first took place in 1960. Based at Okehampton Camp there are three routes: 35 miles for pupils in Year 10, 45 miles for pupils in Year 12, and 55 miles for those in Year 13.

# OUTWARD BOUND



**OUTWARD BOUND** 

## Combined Cadet Force (CCF)

When:Wednesday 4.05 - 6.15pmWhere:CCF Parade GroundYear group:Years 9 - 13

The CCF provides a unique and challenging environment where every cadet is taught the fundamentals of leadership, self-reliance, perseverance and loyalty. Heavily subsidised by the MOD, the wide range of activities offered include: First Aid, map-reading, field craft, parachuting, kayaking, climbing, rifle shooting, to name but a few. The cadets experience starts in Year 9 and follows a progressive nationally-recognised syllabus with opportunities for promotion for those who demonstrate leadership qualities.

Participation in the CCF fulfils the requirements of both the Skills and Volunteering sections of the Duke of Edinburgh's Award and is an ideal addition to personal statements when applying to university.



## Bronze Duke of Edinburgh's Award

When:	Pupils enrol early in the Autumn Term. Expedition training takes
	place on Sundays, mainly during the Spring Term, with the
	practice and assessed expeditions in the Summer Term.
	Participants complete their own programme of activities
	throughout the year.
Where:	Training takes place at KES and on the Mendips. Expeditions are
	on the Marlborough Downs and on the Mendip Hills.
Year grou	ap: Year 9

Participants complete a programme of activities in four sections that involve helping the community, environment or animals, participating in a physical activity, developing new skills and planning, training for and completing an overnight expedition. Participants select their own programme of activities and set themselves goals or targets for each of three sections which they complete over a three to six month period. The sections are:

- A Skill (eg learning a musical instrument)
- Physical (eg attending a sports club)
- Volunteering (eg at a local charity shop)

There will be two after school sessions in the Autumn Term during which participants will complete eDofE induction and make their activity choices.

The fourth section, the Expedition is often the most memorable experience for pupils. In teams, pupils undertake an unaccompanied, self-reliant walking and camping expedition with an agreed aim and on their return give a presentation. In preparation, we hold training sessions on three Sundays, during the Spring Term. The practice expedition is currently in April on the Marlborough Downs. The assessed expedition is in May, and involves pupils walking around 20 miles in the Mendip Hills. Both involve an overnight camp.



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**SPORT** 

## Silver Duke of Edinburgh's Award

When:	Pupils will embark on their programme of activities following
	enrolment in the Autumn Term. Training will involve several
	break-time/lunchtime mentoring sessions, two Sunday school
	planning sessions, a practice expedition during the Spring Term
	and an assessed expedition during activities week.

Where: Training takes place at KES. Expeditions are in the New Forest and the Brecon Beacons.

Year group: Year 10

The Silver Duke of Edinburgh's Award Scheme is the next exciting stage in this much sought after programme. It is a step up from the Bronze Award and as such demands more time, commitment and responsibility from the participant.

The award is introduced at the start of Year 10. Pupils choose a Physical, a Skill and a Volunteering activity to carry out for an hour a week (for durations ranging from 3 months to up to 12 months depending on whether the participant has completed the Bronze Award or not). In February and May, we run two Sunday training days in school, during which the pupils listen to kit and safety talks and then complete their route planning and route cards for both expeditions.

The practice expedition is provisionally calendared during the end of the Spring Term and takes place in the New Forest. It consists of three days walking and two nights camping, carrying all necessary provisions in their rucksack. Team sizes are between four and seven. Each team has a mountain leader with them for at least the first two days to train them in terms of navigation and camp craft.

The assessed expedition occurs during Activities Week and takes place in the Brecon Beacons. Teams are assessed on their ability to complete a challenging three day expedition independently. They are remotely supervised. The pupils choose an aim for both of their expeditions to research and learn about as they walk, such as how flora and fauna varying depending on elevation.

Each team then delivers a presentation to explain their aim. Once all the above sections are completed, the pupils will receive the Silver Award.



## Gold Duke of Edinburgh's Award

When:	The award is launched at both the pre-sixth form day in June
	and in September, giving some the opportunity to begin their
	award over the Summer break after Year 11.
	Training occurs at various break times and one or two evenings
	in addition to two Sunday planning sessions at school, a practice
	expedition during the Easter break and an assessed expedition
	during activities week.
Where:	Training takes place at KES. Expeditions are going to be run
	in the Brecon Beacons, Scotland and potentially the Alps,
	Slovenia or the Pyrenees.
Year group:	Years 12 & 13

The Gold Duke of Edinburgh's Award Scheme is the highest level of award that can be done in school. It requires a great deal of commitment and responsibility from the participant.

The award is introduced at the end of Year 11 at the pre-sixth form course, but is open to all pupils aged 16 or over and in the sixth form. Pupils choose a Physical, a Skill and a Volunteering activity to carry out for an hour a week (for durations ranging from 6 months to up to 18 months depending on whether the participant has completed the Silver Award or not). In addition, they also need to undertake a residential which is five days away from home completing a course or volunteering at a centre – there are many opportunities for this, including learning to cook in a chalet in the Alps!

Training days happen on site at KES with practice expeditions alternating between the Brecon Beacons and Snowdonia. The assessed expedition will be done abroad or can be done in Year 13 at the same location as that year's practice. We aim to run a flexible approach to Gold DofE and the expedition to accommodate commitments and budgets.

Gold Duke of Edinburgh's Award is a great opportunity to extend ones' comfort zone, tackling challenges while also providing for a community through volunteering.

Once all sections of the award have been completed, pupils will be invited to an award's ceremony at St James' Palace in London, where celebrity guests and royalty hand out the awards.

OUTWARD BOUND

## Ten Tors

When:	Training takes place during the last weekend of February, last
	weekend of March, and the first weekend of the Summer Term.
Where:	Brecon Beacons, Exmoor and Dartmoor.
Year group:	Year 10 and above

The annual Ten Tors Expedition is one of a kind – organised by the Army, it enables young people to take part in an independent two-day expedition on Dartmoor, covering distances of 35, 45 or 55 miles over rough countryside in teams of six, being entirely self-reliant for the period of the expedition.

The School has a long record of participation in Ten Tors. Training begins in February in the Brecon Beacons, and moves on to Exmoor with the final team selection taking place after a final training weekend on Dartmoor.







#### **KING EDWARD'S SENIOR SCHOOL**

North Road, Bath BA2 6HU 01225 464 313

